Reading List

Books

*Quiet: The Power of Introverts in a World that Can't Stop Talking* / Susan Cain; 2012

*The Introvert Advantage: How to Thrive in an Extrovert World* / Marti Olsen Laney; 2002

Articles

*How to Extrovert (when you have to)* / Jenn Carson; May 22, 2019

*Most People Might not be Extroverts or Introverts but 'Ambiverts' — Here's What it Means to be One* / Lindsay Dodgson; Mar. 3, 2018

*Ten Strategies for Introverts to Excel in the Workplace: Introverts are often unsung heroes at work, but they can win over the rest* / Jean Kim M.D.; Psychology Today, March 2018

*3 Things Introverts Can Do to Thrive in an Extroverted Workplace* / Stacey Lastoe; 2016

*Every Introvert Must Read This* / Sulagna Misra; Aug. 5, 2015

*Are You An Introvert Or An Extrovert? What It Means For Your Career* / Belle Beth Cooper, Aug. 21, 2013

*Introverts in the Office: How to Work Well in an Extrovert's World* / Hope Bordeaux; Forbes 2012

*An Introvert’s Guide to Surviving on the Job* / Morra Aarons-Mele, New York Times

*Caring for Your Introvert: The Habits and Needs of a Little-understood Group* / Jonathan Rauch; 2003

*Understanding the Inner Life of Workplace Introverts* / Peter Vogt, Monster Senior Contributing Writer

*Introvert or Extrovert? Everything You Need to Know About Them* / Chloe Chong

*An Illustrated Guide to Introverts in a Start Up* / Liz Fosslien and Mollie West

*What Is an Introvert? Definition & Guide to Introversion* / Introvert, Dear

Video

*Who Are you Really? The Puzzle of Personality* / Brian Little; TED talk, 2012

*The Power of Introverts* / Susan Cain; TED talk, 2012