Designing Communities Inclusive for People of All Ages

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@DrUrbanPolicy #AARPLivable
The US is Aging

- People want to *age in place*
- Demographic change makes it imperative that we approach community planning/design differently than we have in the past
- There is tremendous opportunity for communities today

Source: The Weldon Cooper Center for Public Service, University of Virginia, 2016.
The US is Aging

- People want to *age in place*
- **Demographic change** makes it imperative that we approach community planning/design differently than we have in the past
- There is **tremendous opportunity** for communities today

What is a Livable Community?

“A livable community is one that is safe and secure, affordable and appropriate housing and transportation and offers supportive community features and services in place, those resources enhance personal independence of residents to age in place; and foster residents’ engagement in community’s civic, economic, and social life.”

- AARP Public Policy Institute
How Do People Choose Neighborhoods?

- Personal preferences
- Limitations
  - Family Budget
  - Availability
- Home/Community location

Photo credit: Shannon Guzman
Creating Great Neighborhoods for People of All Ages

Photo credit: Dan Burden
What Do People Want?
2018 Home and Community Preferences Survey

The desire to stay in their homes and community increases with age.

- Stay in the community:
  - Ages 18-49: 60%
  - Age 50+: 77%

- Stay in their home:
  - Ages 18-49: 53%
  - Age 50+: 76%
What Do People Want?
2018 Home and Community Preferences Survey

“What I’d really like to do is remain in my community for as long as possible.”

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<thead>
<tr>
<th></th>
<th>Strongly agree</th>
<th>Somewhat agree</th>
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<tr>
<td>Rural</td>
<td>72%</td>
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<td>Urban</td>
<td>67%</td>
<td>30%</td>
</tr>
<tr>
<td>Suburban</td>
<td>67%</td>
<td>29%</td>
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“What I’d really like to do is stay in my current residence for as long as possible.”

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What Do Older Adults Want?

Photo credit: Dan Burden, Shannon Guzman, and istock
AARP’s Livability Index

How livable is your community?

enter your address, city, state or zip code

LEARN MORE

The Livability Index scores cities and communities across the U.S. for the services and amenities that impact your life the most. Search for your city or learn more about how we define livability.

www.aarp.org/livabilityindex
AARP’s Livability Index
Livability Categories

www.aarp.org/livabilityindex
AARP’s Livability Index
Nashville, TN

TOTAL INDEX SCORE
49

CATEGORY SCORE

www.aarp.org/livabilityindex
AARP’s Livability Index
Nashville, TN - Housing

TOTAL INDEX SCORE

49

HOUING
Affordability and access

How does my Community compare to neighborhoods across the country?

- Housing accessibility
- Housing options
- Housing affordability

www.aarp.org/livabilityindex
AARP’s Livability Index
Nashville, TN - Housing

TOTAL INDEX SCORE
49

CATEGORY SCORE
HOUSING
Affordability and access
52

NEIGHBORHOOD
Access to food, work, and play
46

TRANSPORTATION
Safe and convenient travel
44

ENVIRONMENT
Clean air and water
53

HEALTH
Prevention, access, and quality
46

ENGAGEMENT
Civic and social involvement
56

OPPORTUNITY
Inclusion and possibilities
47

STATE AND LOCAL POLICIES
Comprehensive livability commitment
No Policy

For more information, visit www.aarp.org/livabilityindex
AARP Network of Age-Friendly States and Communities

Source: AARP Network of Age-Friendly States and Communities Member List, AARP Livable Communities
Livability: Housing
Affordability & Accessibility

1 in 3 say they would consider building an Accessory Dwelling Unit (ADU) in the future to help care for or house a loved one, lower housing costs, or have someone living close by. 7% of adults currently have an ADU.

More than 30% would require home modifications like ramps, chair lifts, wider doorways, and bathroom updates to stay in their homes.

www.aarp.org/adu

Sources: AARP Livable Communities All About Accessory Dwelling Units; 2018 Home and Community Preferences Survey, AARP Research
Livability: Housing
Future of Housing

Re-Defining Home: Home Today, Home Tomorrow Design Challenge

- Architects and designers
- Universal design solutions
- Designs incorporated in a home in Memphis, TN

www.aarp.org/futureofhousing
Livability: Transportation
Complete Streets

1. Roadway with parking
2. Landscaped bed with water
3. Safety buffer
4. Limitless lane
5. Visible crosswalk
6. Sidewalk away

Sources: AARP Livable Communities Complete Streets Archive; 2018 Home and Community Preferences Survey, AARP Research
Livability: Transportation
Future of Transportation

At least 3 in 4 adults say it is important to have close, affordable public transit options, and special transportation services for older adults and those with disabilities.

- One third of US residents do not drive
- Universal Mobility as a Service (Universal Maas)
- General Transit Feed Specification (GTFS)

Photo credit: Vermont Agency for Transportation

www.aarp.org/futureoftransportation

Sources: Universal Mobility as a Service: A Bold Vision for Harnessing the Opportunity of Disruptions by Jana Lynott, AARP Public Policy Institute 2018; 2018 Home and Community Preferences Survey, AARP Research
Livable, age-friendly communities provide options that enable you to meet your needs regardless of your age, income or other factors.

They are for *ALL people of ALL ages.*
## Resources

Visit AARP Livable Communities at [www.aarp.org](http://www.aarp.org)

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